

## **Project Update: September 2016**

We planned for our second field visit in mid-September 2016 and headed to Manaslu Conservation Area (MCA) on September 18th. This time we had developed colorful posters and other materials for educating the public at MCA. We collected a research permit from MCA Project office at Gorkha and walked for 3 days to reach Khorlabesi in Uhiya Village Development Committee (VDC) of Gorkha District. On the 4th day, as we headed to Tatopani area, a huge landslide occurred at 8:30 AM right in front of our eyes killing four people and leaving many wounded who were on a trek to Manaslu circuit. Sadly, we had to halt our journey due to the landslip caused by continuous rainfall and had to return back as the route was closed.



Deadly landslip at the border of Kerauja and Uhiya VDC on Northern Gorkha (way to MCA)

**पाहालाई जथाभावी नमार्ने, बरु यिनको संरक्षण गरौं।**  
**STOP INDISCRIMINATE KILLINGS OF THE PAHA! INSTEAD HELP FOR THEIR CONSERVATION**

**पाहा किन संरक्षण गर्ने ?**

- पाहाको चेपामाईले जैविक फोहोर खाई पानी सफा राख्दछन् ।
- पाहाले लामखुट्टे, झिंगा तथा अन्य हानिकारक कीरा फट्याङ्गाहरूलाई खाएर प्रकृतिमा तिनको संख्या नियन्त्रण गर्दछन् ।
- माछा, छेपारो, सर्प, चरा र स्तनधारी जीवहरूका लागि पाहाहरू खानाको महत्वपूर्ण स्रोत हुन् ।
- पाहाहरू आफ्नो वरपर भएको वातावरणको जैविक सूचक हुन्, अर्थात् वातावरण शुद्ध वा दूषित कस्तो छ भन्ने कुराको जानकारी दिन्छन् ।
- चिकित्सा विज्ञानमा प्राप्त भएका नोबेल पुरस्कारहरू मध्ये १० प्रतिशत भ्याग्नोतहरूमा गरिएको अनुसन्धानबाट सफल भएका हुन् ।




हरियो पाहा                      मन पाहा

**बासस्थानको नाश, किटनाशकको जथाभावी प्रयोगले जल-थलमा प्रदूषण, अवैध शिकार, संरक्षण चेतनाको कमी, जलवायु परिवर्तन आदि कारणले पाहाहरू घट्दै गएका छन् ।**

**पाहाको संरक्षण कसरी गर्न सकिन्छ ?**

- पाहालाई जथाभावी नमार्ने, यसो गर्नु गैरकानुनी हो ।
- बाली नालीमा किटनाशक औषधीको प्रयोग मरसक नगर्ने, गर्ने परे धेरै कम गर्नु ।
- पाहाको बासस्थान वरपर फोहोर नफाल्नु ।
- घर, बगैचा, स्कूल इत्यादि जस्ता ठाउँको वरपर भएका पोखरीहरूको संरक्षण गर्नु ।
- पाहा/भ्याग्नोको संरक्षणको महत्वबारे सबैलाई जानकारी गराउनु ।




हरियो पाहा                      रातो पाहा



अवधारणा: विराज श्रेष्ठ, सनेत्र प्रसाद मुक्वाल, तन्वीन्द्रः विराज श्रेष्ठ

वयस्क भ्याग्नो                      बुढा विकसित भएको चेपामाई

Rufford                      SAVE THE FROGS!                      तन्वीन्द्रः विराज श्रेष्ठ

Poster for Paha Conservation

Our further field work is uncertain regarding the effects of trauma, difficult terrain, risky topography, bad weather and dangerous route.

However, I gave frog talks after the first field visit in Kathmandu and shared my experience with wide range of audience; university students, school students and general public.

**Sharing Experiences**

I N V I T A T I O N

**“FROG CONSERVATION  
ENDEAVOUR IN MANASLU  
CONSERVATION AREA”**

By  
**Mr Biraj Shrestha**  
Save The Frogs! Task- Force,  
Los Angeles, California

Date: July 20, 2016 | Time: 12pm onwards  
Venue: Resources Himalaya Foundation  
Dr. Pralad Yonzon Memorial Conservation  
Chautari, Nayabato, Sanepa, Lalitpur.



Talk Program at Resources Himalaya Foundation. Speaker: Biraj Shrestha





Talk Program at Taragaon Museum, Boudha. Speaker: Biraj Shrestha