

<u>REPORT OF THE ACTIVITIES : Data collection mission and ethnobotanical survey</u> (August to October 2024) IN THE VINA and MBERE DIVISIONS

<u>Title</u>: « Conservation of rangelands in Sudano-Guinean agroecological zone of Cameroon and its macrofungi diversity »

Team members

The field work was carried out by:

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Advisors:

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Others collaborations

- Biodiversity and sustainable development laboratory in university of Ngaoundere
- Chief of Idool village/ Nyambaka sub-division
- MBOSCUDA (Mbororo Social and Cultural Development Association) and Mr. Ismaila abo one of the leaders of UDENG (Union des eleveurs de Ngaoundéré)

Location and period of mission

The work was held at the vina division (Ngoundaba, baledjam, Tournigal, Gounjel sub-divisions) and Mbéré division (Meiganga, Dir, Djohong, Ngaoui sub-divisions) in Adamaoua region of Cameroon from 3th August 2024 to 18th October 2024.

I- INTRODUCTION

As part of the implementation of the project activities financed by the Rufford Foundation, which for years has been identifies scientists at the very early stages of their careers and provides targeted support to enable them to achieve their goal of making a difference in terms of conservation, A first prospecting mission to the localities and the implementation of project activities was carried out from 3th August 2024 to 18th October 2024 in the VINA and Mbere divisions of Adamawa region.

The main objective of this first mission was to assess the current state of the grazing areas in the various localities while carrying out floristic and mycological inventories. At the same time, ethnomycological and ethnobotanical surveys were carried out using questionnaire forms in order to find out about the local population's endogenous knowledge of the uses of mushrooms and plants and how they protect their grazing areas.

To this end, the administrative, traditional and religious authorities and the local population have given their consent to allow access to certain localities in order to ensure the feasibility and success of the collection activities.

We presented these results at the Humboldt kolleg organised by the "CECANAPROF" laboratory at the high training college of University of yaounde I from 11 to 13 November 2024 and financed by the humboldt fundation under the theme: "the one-Health concept for pandememy prevention and responses" (picture in annex 1).



Figure 1 : a) Meeting with the Lamido of the IDOOL (Gounjel and Tournigal).

b) Meeting with the Lamido of the Ngaoui sub-division

II- METHODOLOGY

1- Study zone



Figure 6: Map of different floristic groups in the Adamawa (Cameroon) and localisation of the representative grazing area.

| | | Coordinates | | Altitude | | Co | ordinates | Altitude |
|---------------|------------|-------------|--------------|----------|-----------------------|-------------|-------------|----------|
| | Baledjam | 7°135 N | 13°877 E | 1240 m | Meigango | a 6°649 N | 14°291 E | 1000 m |
| Vina division | Ngaoundaba | 7°13'13''N | 13°69'43''E | 1340 m | Mbéré division Ngaoui | 6°44'45'' N | 14°56'52''E | 1250 m |
| | Gounjel | 7°10'58''N | 14°6'22''E | 1440 m | Djohong | 6°50'3'' N | 14°41'57''E | 1280 m |
| | Tournigal | 7°19'01 N | 14°07'01'' E | 1320 m | Dir | 6°00107 N | 13°28642 E | 1010 m |

| Locality | Baledjam | Ngaoundaba | Gounjel | Tournigal | Meiganga | Ngaoui | Djohong | Dir |
|------------|----------|------------|---------|-----------|----------|--------|---------|--------|
| Meiganga | 53 km | 98 km | 138 km | 148 km | XXXXX | 132 km | 89 km | 114 km |
| Ngaoui | 212 km | 167 km | 262 km | 264 km | 132 km | XXXXXX | 44 km | 246 km |
| Djohong | 170 km | 185 km | 246 km | 257 km | 89 km | 44 km | XXX | 203 km |
| Dir | 167 km | 195 km | 240 km | 250 km | 114 km | 246 km | 203 km | XXXX |
| Gounjel | 125 km | 155 km | XXXX | 30 km | 138 km | 262 km | 246 km | 240 km |
| Baledjam | Xxxxxxx | 45 km | 125 km | XXXXX | 53 km | 212 km | 170 km | 167 km |
| Ngaoundaba | 45 km | XXXXX | 145 km | 146 km | 98 km | 167 km | 185 km | 195 km |
| Tournigal | 127 km | 158 km | 30 km | XXXXX | 148 km | 264 km | 257 km | 250 km |

Table 1 : Distances between localities in the Adamawa region

2- Mycological inventories

Macrofungi were inventoried using the opportunistic sampling method. This method involves walking back and forth along the flank to collect clearly visible specimens of fungi. In the field, each sample was photographed and notes on its substrate and environment were taken before collection.

On returning from the field, their macroscopic characteristics were described before they were dried for microscopic analysis in the laboratory.

Species identification was based on all the characteristics mentioned above and certain identification guides. For biotechnological studies of the species, the mycelia of saprotrophic species were isolated on an agar medium.



Figure 2: collection, identification and conservation of macrofungi

3- Inventory of plant

Floristic inventories have been carried out on trees, shrubs and grasses. Floristic inventories were carried out on trees, shrubs and grasses using a 1 hectare area (200 m × 50 m) divided into 16 plots of 625 m² placed along the diagonal to sample trees and shrubs. Within each plot, 4 sub-quadrats of 1 m × 1 m were placed to study herbaceous plants. The identification of species were carried out directly in the field using dichotomous keys.



Figure 3 : Dispositif of Plant inventories



Figure 4: plant inventories

4- Ethnomycological and ethnobotanical surveys

To assess the ethnobotanical and ethnomycological knowledge of the community, we used a structured questionnaire administered to 500 informants in the Adamawa region divided into two departments (Vina and Mbere). In addition, two focus groups with 5 to 10 people (men, women and children) were organised in each locality.

The questions dealt with the management of grazing areas and the different uses of mushrooms and plants in the locality. Finally a local guide and translator was needed to translate the local language if necessary. Most of the activities took place in the evening, as during the day most of the villagers are out in the fields and others are with the oxen for food.



Figure 5: ethnobotanical and ethnomycological survey

III- RESULTS

III-1 - Collection of floristic and mycological data

a) Mycological data

We collected and preserved 312 samples of macrofungi divided into 67 species, 37 genera, 17 families and 6 orders (Annex 2). All species have been dried at 50°C and stored in ZIP plastics. Afterwards, they were brought back to the Cecanaprof laboratory to be kept in a freezer to eliminate insects. The most represented family are Polyporaceae, Agaricaceae, Amaniatceae and Russulaceae.



Figure 7 : Family and most represented of macrofungi species

In the Adamawa region, the grazing areas include several ecosystems such as: meadows, shrubs and trees savannahs, gallery forests. Concerning the number of species, gallery forest is an ecosystem who have an important number of macrofungi. Because they have an important ecological function in controlling the flow of water and nutrients between terrestrial and aquatic ecosystems, and play a decisive role in landscape stability. They are also places for the conservation of forest species in savannah zones, since they contain a rich flora of dense rainforest species.







After field collection, we were able to identify 4 trophic groups. **Lignicolous** is the most represented group, with a large number of species followed by **Coprophilous.**

In the grazing areas of the Adamawa region, there is a high level of Wood harvesting and sales, which explains the high presence of dead wood. Fungi will then develop on this decomposing dead wood.



Figure 10: Wood harvesting and sales in the vina and Mbere divisions

b) Floristic data

In the Adamawa region, there are several ecosystems, namely : meadows, shrub and tree savannahs and forest gallery.

The meadows are dominated by herbaceous species such as : Sporobolus pyramidalis, Setaria geniculata, Celtis asiatica, Borreria laevis, Sida rhombifolia and Mimosa pudica. In the shrub and tree savannahs, we have recorded 56 species divided into 41 genera and 25 family. The herbaceous stratum is dominated by Bracaria sp, cromoleina odorata, sida sp, Asparagus sp, Mimisa pudica, Cissus pulmea, Euphorbia hirta and Centella asiatica.

The gallery forest is dominated by Afzelia africana, Daniellia oliveri, Iménocardia acida, Isoberina doka, Isoberlina tomentosa, Khaya grandifolia, Lophira lanceolata, Mytragina ciliata, Phoenix reclinata, Syzygium guineense, Terminalia spp, Uapaca togolense, Vitex doniama and Xanthoxylum giletii



Figure 11: a) tree savannahs. b) Gallery forest. c) shrub savannahs. d) vegetation of Adamawa region

III-2 Ethnomycological and ethnobotanical surveys

In the Adamawa region, 500 men and women were interviewed and The most represented tribes were : Gbaya, Peul, Mbororo, Mboum, Dii, Toupouri and Moundang.

In the vina division, 250 men and women were interviewed using survey sheets designed beforehand in order to know the use of plant and fungal species in pasture areas and to know local strategies for the conservation and management of these pasture areas. These surveys took place in the localities of Ngoundaba (50 respondents), Baledjam (50 respondents), Tournigal (50 respondents), Gounjel (50 respondents) and Idool (50 respondents). The populations of the village of Idool were surveyed because of its position in relation to the villages of Tournigal and Gounjel. It is the crossroads between these two villages.

In the Mbéré division, 250 men and women were interviewed. These surveys took place in the localities of Meiganga (50 respondents), Ngaoui (83 respondents), Dir (70 respondents), Djohong (47 respondents).

The information obtained was entered into Excel for analysis in order to prepare the last phase of the project, which will not focus on raising awareness among the local population on the importance of conserving rangeland areas.



• Age group of respondents

Figure 12: breakdown of respondents by Age group in vina and Mbéré division

• Distribution of respondents





IV- Importance of grazing areas for the native people of Adamawa region

The people of Adamawa use the grazing areas mainly for feeding their herds of oxen, but also as a source of several other activities:

- Exploiting trees for timber and firewood

- Use of trees (fruit, leaves, trunks) as a source of food and in traditional pharmacopoeia.

- Agriculture

In the grazing areas, there are several species of mushroom, most of which are consumed and sold by the local population, playing an important role in combating famine and maintaining social equilibrium. The mushrooms consumed in the area are: Termitomyces letestui, Termitomyces globulus Termitomyces umkowaani, Termitomyces striatus, Chlorophyllum hortense, Termitomyces microcarpus.

The Peul, Gbaya and Dii people use mushroom species such as Chlorophyllum hortense and Macrolepiota sp in traditional medicine to treat stomach upsets and indigestion.

IV-1 list of useful fungi

| Species | Indigenous Name | Substrate | Traditional uses | Treated Disease |
|------------------------------|---|----------------------|----------------------------------|---|
| Agaricus sp. | Ahoum ¹ , Kontong ² , Niazezing ³ , Bagade ⁴ , Hèbèh ⁵ , Ahoum ⁶ | Floor | Food | / |
| Cantharellus congolensis | Ahoum¹, Kontong², Mboua³, Bagade⁴, Hèbèh⁵, Ahoum⁴ | Ectomicrizal (floor) | Food | / |
| Campestrioides campestris | Ahoum ¹ , Kontong ² , Mboua ³ , Bagade ⁴ , Hèbèh ⁵ , Ahoum ⁶ | Floor | Food | / |
| Chlorophylum hortense | Ngadjiri ¹ , ndoordayé ² , Dardou ³ , Bagade ⁴ , Hèbèh ⁵ , Ahoum bouenaii ⁶ | | Food, Traditional medicine | Stomac ache, treat indigestion |
| Lactifluus gymnocarpoides | Ahoum¹, Kontong², Mboua³, Bagade⁴, Hèbèh⁵, Ahoum ⁶ | Ectomicrizal (floor) | Food | / |
| Macrolepiota sp. | Ahoum¹, Kontong², Mboua³, Bagade⁴, Hèbèh⁵, Ahoum⁴ | Dung | Food, Traditional medicine | Typhoid and gastric pain |
| Pleurotus pulmonarius | Ahoum¹, Kontong², Mboaba ³, Bagade⁴, Hèbèh⁵, Ahoum⁴ | Wood | Food | / |
| Termitomyces aurantiacus | Magoum¹, Mbagou², Beuzouk³, Bagade⁴, Hèbèh⁵, Ahoum ⁶ | Termite mounds | Food | / |
| Termitomyces globulus | Ahoum¹, Kontong², Mboua³, Bagade⁴, Hèbèh⁵, Ahoum⁴ | Termite mounds | Food | / |
| Termitomyces Ietestui | Mambaye ¹ , Mbodjoum ² , Magouoh ³ , Bagade ⁴ , Hèbèh ⁵ , Ahoum ⁶ | Termite mounds | Food | / |
| Termitomyces microcarpus | Ahoum¹, Kontong², Mboua³, Bagade⁴, Hèbèh⁵, Ahoum ⁶ | Termite mounds | Food | / |
| Termitomyces striatus | Ahoum¹, Kontong², Mboua³, Bagade⁴, Hèbèh⁵, Ahoum⁴ | Termite mounds | Food | / |
| Termitomyces umkowaani | Ahoum¹, Kontong², mbaii³, Bagade⁴, Hèbèh⁵, Ahoum⁴ | Termite mounds | Food | / |
| Volvarialla speciosa | Ahoum¹, Kontong², Mboua³, Bagade⁴, Hèbèh⁵, Ahoum ⁶ | Floor | Food | / |

1= Peul name; 2= Mbororo name; 3= Gbaya name; 4=Mboum name; 5= Toupouri name; 6= Dii name









c)

a) Pleurotus pulmonarius. b) Termitomyces sp. c) Macrolepiota sp. d) Chlorophyllum hortense

| Local name | Scientific name | Current situation | Uses |
|----------------|--------------------------|-------------------|------------------------------------|
| Saktodjé | Lophira lanceolata | Decreasing | Firewood |
| Kouladjé | Terminalia sp. | Decreasing | Firewood |
| Barkedjé | Pilostigma thonningii | present | Timber |
| Samatadjé | Hymenocardia acida | Decreasing | Firewood |
| Ngalbidjé | Vitex doniana | decreasing | Food (fruit and leaf sale) |
| Doukoujé laddè | Annona senegalensis | present | Food (fruit) |
| Tchaboullé | Ximenia americana | present | Traditional Medicine, Fourage |
| Karladjé | Daniella oliveri | present | Firewood |
| jabbè | Tamarindus indica | Present | Food (fruit and leaf) |
| Karajé | Vitellaria paradoxa | present | Traditional Medicine, firewood |
| Djinjouin | Ficus sp. | present | Fourage |
| Boko | Adansonia digitata | rare | Food (fruit), traditional medicine |
| Djaabé | Zyzyphus mauritiana | Decreasing | Food (fruit) |

IV-2 List of useful plant

V-Current situation of grazing areas of Adamawa region

The grazing areas face a number of anthropogenic pressures that contribute to the degradation and deterioration of the landscape. According to the local population, these areas are deteriorating as a result of:

- Overgrazing
- bush fires
- abusive felling of trees
- destruction of trees in agricultural areas and the problem of security
- leaching and erosion

all of this results in

- regression of vegetation
- reduction in vegetation cover and soil problems (infertility)





Figure 14 : current situation of degradation of grazing areas

CONCLUSION

At the end of our mission in the Adamawa region where it was a question of making a mycological and floristic inventory in order to know the biodiversity of the pasture areas and also to carry out surveys to know the endogenous knowledge of the local populations on the use of this biodiversity and how they ensure their protection, We can say that these pasture areas are full of important fungal and floristic biodiversity and contribute considerably to the well-being of the local populations. They also play a major role in the process of fighting famine through the multiple products and services they offer.

However, they are under strong pressure from the population through various activities of deforestation, overgrazing, transformation into agricultural land and wood sales sites.

The last phase of our project will be dedicated to raising awareness and proposing possible solutions for the protection and conservation of these grazing areas through public gatherings and meeting.

Annex 1: Presentation at the Humboldt kolleg



Annex 2: some Macrofungi in Adamawa region





Annex 3: Picture of different equipments

(q)



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- a) sample bottle
- b) First aid kids
- c) Field materiel (gamel, knife, plastics etc...)
- d) Pressure cooker
- e) Invitrogen (Distilled water)
- f) Distilled water
- g) Video projector
- h) Agar-Agar medium
- i) Tension throttle
- j) GPS Garmin
- k) Meter
- I) Lap top computer
- m) Balance
- n) Dehydrator
- o) Field materiel (Rallonge and gamel)
- p) Small bottle containing the culture
- q) Electrical generator
- r) Digital camera

Annex 4 : Procurement of project Materials and Mission Financial statement

a) Purchase of project materials

| Equipment/materials | Amount (pounds) | Amount (Franc Cfa) |
|-------------------------------|-----------------|--------------------|
| Tension throttle | 100 | 75000 |
| Electrical generator | 320 | 240000 |
| Lap top computer | 297 | 222750 |
| Video projector | 250 | 187500 |
| First aid kids | 100 | 75000 |
| Digital camera | 170 | 127500 |
| GPS Garmin | 350 | 262500 |
| Dehydrator | 125 | 93750 |
| Field matériel : | | |
| - Muti-extension | | |
| - Bet extension | | |
| - Pressure cooker (32 liters) | | |
| - Decameter (100 m) | | |
| - Simple bowl, knife, alcohol | | |
| - Burned alcohol (1 Liter) | | |
| - Aluminium foil 100m x 2 | | 487500 |
| - Compartmentalized bowl | 650 | |

| Total 1 | 2 502 | 1 876 500 |
|-----------------------------------|-------|-----------|
| 60w-BE1226A) | 140 | 105000 |
| (hautparleur + amplificateur UBIT | | |
| Rent of mass communication | | |
| - Zip plastics 5 packs | | |
| - Petri dish | | |
| - Eppendorf 500 ml | | |
| - Pipetteenssptitzen 1-200 µm | | |
| - Distilled water | | |
| - Dissection kit | | |
| Scale | | |
| - Tweezers and brush Sensitive | | |

b) Financial statement of the mission

| Key Activities in vina (Ngaoundaba, Baledjam, Tournigal, Gounjel) and Mbéré (Meiganga, Dir, Djohong, Ngaoui) divisions (first and second) : Inventory of plant and fungi diversity and Ethnobotanical surveys | | |
|--|----------------|---------------|
| Designations | Amount (pound) | Amount (FCFA) |
| Transport staff: | | |
| - vehicle hires | 500 | |
| - Moving around different town | | 375000 |
| Members housing of staff | 630 | 472500 |
| Refreshment | 200 | 150000 |
| Accommodation of members staff | 300 | 225000 |
| Motivation of population: | 50 | |
| - food | | |
| - money and others important thing of | | |
| locality | | 37500 |
| Accommodation of guides and translators | 150 | 112500 |
| Printing survey forms | 50 | 37500 |
| Communication | 50 | 37500 |
| Transport of National Herbarium | 130 | |
| identification | | 97500 |
| unforeseen | 100 | 75000 |
| Total 1 | 2,160 | 1 620 000 |

<u>NB</u>: 1 pounds = 750 Fcfa. The bills of all equipments have been deposited at the FCTV Fundation